



# Granite State Dance Center

## Summer Ballet Intensive with Miss Danielle

Dates: Monday, July 13 - Friday, July 17

Time: 9:00 am - 2:00 pm

Cost: \$250

Ballet 8\* to advanced ballet

\* Requirements: must have completed Ballet Level 8

This summer intensive is geared towards a wide-range of ages and abilities. The purpose of this week-long intensive is not only to grow as a dancer and performer but also as a dance community.

The younger dance students will be able to challenge themselves with more advanced combinations while the older students can work on mastering their technique.

### Summer Ballet Intensive Curriculum

- Ballet
- Pointe (optional)
- Technique
- Stretching
- Strengthening
- Muscle recovery
- Nutrition
- Variation
- Ballet education
- and more!

**Please Fill Out and Submit this Portion to Register by June 1st**

Student Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip Code: \_\_\_\_\_

Telephone (home/cell): \_\_\_\_\_

Age at Time of Camp: \_\_\_\_\_ Level of Ballet Completed: \_\_\_\_\_

Email: \_\_\_\_\_